



LUNCH OCTOBER 2019

Elementary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DAILY CHOICES
	1 Tasty Toasted Cheese Sandwich 	2 Mandarin Orange Chicken & Fortune Cookie 	3 Luigi's Lasagna and Garlic Toast 	4 EPS Cafe Kid's Burger (or Fishwich) 	PB & J Sandwich or Tuna or Cheese Sandwich
7 Cha-Cha Cheese Dippers 	8 Gobbler Gravy, Mashed Potatoes & Homemade Roll 	9 Kickin' Chicken Strips & Chocolate Muffin 	10 Mini Pancakes & Sizzlin' Sausage 	11 It's a Homemade Pizza! or Dancin' Corn Dog 	Yogurt combo
14 Scrumptious Sloppy Joe 	15 Rockin' Ravioli & Garlic Toast 	16 Peppy Personal Pizza 	17 Golden Hot Dog Roll-up 	18 NO SCHOOL Teacher Work Day 	Assorted vegetables & salad
21 Drummin' Chicken Drumstick with Flakey Biscuit 	22 Mama Mia's Spaghetti & Garlic Toast 	23 Mandarin Orange Chicken & Fortune Cookie 	24 Cheese Zombie 	25 Macho Nacho Grande 	Variety of fruit
28 Happy Ham & Cheese Ripper 	29 Ole' Soft Taco 	30 Golden Nuggets (Chicken or Fish) 	31 Spider Web Waffle with Screamin' Sausage 		

A variety of milk is served at every meal

1 % Milk



Non-fat Milk



Chocolate Milk



Soy Milk

